

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Adele De Kock

Has successfully participated & completed the

5Km Trail Run Alto Trail Run

held at Alto Wines, Stellenbosch.

**TIME** 00:57:55

**PACE** 11:34/km

**OVERALL** 27 of 35

**GENDER** 19 of 26

**OPEN** 13 of 18

21 May 2023, Sun

Date



